

What is an FBA?

Functional Behavior Assessment

- An FBA is an assessment process used to determine the function of a behavior
- Functional behavior assessments look beyond diagnostic labels or the overt topography in order to obtain information that can be used to maximize the effectiveness and efficiency of behavioral supports
- Processes in an FBA include:
 - Review of pertinent records and reports
 - Definition the Behavior
 - Data Collection
 - Direct Observation
 - Interview Caregivers/Staff/Teachers
 - Develop a Hypothesis of the Function
 - Recommendations that are evidenced-based, rooted in the research
- Outcomes of an FBA include:
 - Observable and measurable, operationally-defined behaviors of concern.
 - Identification of events and situations which predict when the target behavior will and will not occur.
 - Identification of what functions the behaviors appear to serve and replacement behaviors.
- The purpose of a Functional Behavior Assessment is to provide information that will be used to design effective positive behavior support plans

What's the Function?

- In Behavior Analysis there are four potential functions of behavior:
 1. Escape
 2. Access
 3. Attention
 4. Automatic
- Escape- Behavior occurs to avoid something or someone
- Access to Tangibles- Behavior occurs to gain access to an activity or tangible item
- Attention- Behavior occurs to gain social attention to reaction
- Automatic Behavior occurs to gain sensory stimulation or internal sensation non-reliant on external variables